

The 3-Gunas can bind (*bondage*) us:

<b>Gunas</b>	<b>Binds us Through</b>
<b>Satwa</b>	Attachments to Happiness and Knowledge.
<b>Rajas</b>	Karmas
<b>Tamas</b>	Clouding one's thinking with heedlessness (showing a reckless lack of care or attention)

Dependent on a Good Feeling:

One can get too dependent to the Satwic feeling of attachment to Happiness and Joy.

If one beats himself because he forgot to do his Satwic duties (prayers, meditation, mantra), then he is dependent to Satwic choices, just as a Rajas person is dependent on Rajasic choices.

Satwic choices are the best of the three, but Swatic can still bind you or place you in bondage. One loses his liberation and is stuck with no choices, no options, and no liberation.

As one reaches the age of retirement, it is best to develop detachment of things around of his surrounding and remember the Lord's name instead.

Pleasure and Money are two attachments that are like magnets that hold onto you:

<b>Gunas</b>	<b>Binds us Through</b>
<b>Satwa</b>	Does not need Pleasure; just the name of the Lord. His main purpose is spirituality. His Thoughts are on reaching the higher aspects.
<b>Rajas</b>	Always chasing Pleasure.
<b>Tamas</b>	Money has no hold on him. He wants only the minimal pleasure that will get him by.

One should have Wealth and Pleasure but with the **Four Aims of Human Life** ([Purusharthas](#)) in mind:

<b>Purusharthas</b> (Objectives of a Person)	
<b>Dharma</b>	<b>Righteousness.</b> Wealth & Pleasure should be earned with Dharma or righteousness. {Dharma also means duty, faith, religion, justice, ethics, morality}
<b>Artha</b>	<b>Wealth:</b> A person should not seek wealth for wealth's sake, but to help others, while still maintaining Personal Austerity (asceticism, seriousness, solemnity), Simplicity and Detachment. He does not glorify poverty.
<b>Kama</b>	<b>Pleasure.</b>
<b>Moksha</b>	<b>Salvation or Liberation</b>

Wealth & Pleasure should be **earned** in the right way.

Wealth & Pleasure should be **enjoyed** with righteousness. Ultimately,

Wealth & Pleasure **obtained righteously** (Dharma) should lead to Liberation (Moksha).

The state of Liberation (Moksha) is where Pleasure & Money are no longer magnet to the liberated person. The liberated person even goes beyond Satwa and with his thoughts on the Lord of the Highest.

On his spiritual path, one should be conscientious about the MEANS or method he uses to achieve his goal:

- How am I living my life?
- How am I achieving that goal?

Unethical means in achieving your goal causes contamination, and thus, bad Karma. If you change your behavior for the better, your goal will automatically improve.

### **End Justifies the Means**

A **Rajas person** feels the 'End Justifies the Means' even if it means lying and cheating. He believes that if the goal is honorable and righteous, then do whatever it takes.

To a Righteous or **Satwic person** the 'Means' is more important than the goal. If the 'Mean' is righteous and noble, then that automatically makes the goal a good one.

*War to bring Peace does not last.  
Peace can bring lasting Peace.*