

Creation	
Totality	Individual
Brahman: The Total Consciousness	AUM (same as total consciousness only functioning thru an individual, as in a partition in a room)
Mahat Brahma: (womb of all creation) Un-manifested Tendencies or Desires of all creation. Sum Total Vasanas or tendencies of all beings and plants.	Vasanas: Un-manifested Tendencies or desires of an Individual. The individual Vasanas create one's life or world. One's Vasanas influence one's Thoughts, Mind and Intellect.
Hiranyagarbha: [total Mind & Intellect] All Minds are connected with other Minds or Beings [16:33]. (+ or -) deeds or thought effects something somewhere in the cosmos. [butterfly effect] { Shwetaashwatar Upanishad } [16:35]	Mind & Intellect: Individual mind & intellect
Virat: The sum total of all the bodies, (human, plant animal, fish, moving & unmoving bodies).	Body: The Individual body you possess.
Ishwara: Creator-Sustainer-Destroyer) The Total Consciousness (Brahman) when it is identified or functioning thru the Mahat Brahma .	Jeeva: (Ego, Perceiver, Feeler and Thinker) The Individual Vasanas or Tendencies.

[11:23] **The B-M-I Chart**

Body-Mind-Intellect = I think myself to be this body-mind-intellect.

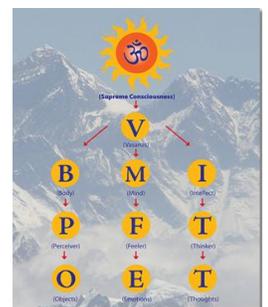
- Using the **Body**, I become a Perceiver of **Objects**
- Using the **Mind**, I become a Feeler of **Emotions**
- Using the **Intellect**, I become a Thinker of **Thoughts**

Perceiver-Feeler-Thinker [PFT] = The Ego (the limited individuality)
The Jeeva. The Individuality.

Object-Emotions-Thoughts [OET] = Universe

Vasanas = Un-manifested Tendencies. Good & Bad tendencies that makes one Act / React. (A thief will have thief-like Vasanas; a saint will have Divine tendencies.)

Om = The Consciousness. The Totality which is illumines the individual bodies.



Three Gunas

Satva Purity, Knowledge

Rajas Passion, Activity

Tamas Darkness, Ignorance

The Highest Knowledge

Knowledge of the 3-Gunas is the basis in which the entire spiritual knowledge is built upon. Once the student understands the 3-Gunas, he becomes immortal; he understands his true nature as Om, the Infinite Self. No matter what happens, his body is immortal.

[17:02] There is one Cosmic Mind. Anytime we create a negative thought or activity, we create damage somewhere in the Cosmic Mind. The Ripple Effect.

We create positive energy as in prayer, love, sympathy and compassion. Not only do we help ourselves, but also help others around us and in the universe.

Mother's intuition is based on that premise; mother's intuition telling her her child needs help or is in danger.

Why is there likes/dislikes, differences in desires, ideas and emotions, even among siblings (twins)?

It is because of our Vasanas (un-manifested tendencies) that create differences that cause one to Act/React.

The kind of:

- Body-Mind-Intellect,
- Parents
- Country one is born in,
- The body one chooses,
- Your particular emotions

are all based on one's Vasanas and Karmas.

[22:44]

The Qualities you possess is destiny; what you do with that destiny is called Free Will (purasharta).

The more un-selfish activities dedicated to God, the remaining Vasanas in your life become dissolved:

'I am a Servant of the Lord; the Lord is functioning through me'

You can limit yourself to I, My, & Me or widen your circle of influence.

Un-dissolved Vasanas or tendencies carry through to the next life time.

The Total Consciousness illumines the Body-Mind-Intellect & Vasanas, which in themselves are inert (Prakriti). They do not have life with the Consciousness. It is because of the life from the Total Consciousness that we are able to function.

[31:39]

Based on one's Karmas & Vasanas one selects the womb that are good/bad

The cycle of Life and Rebirth is because we are sick and the world is our hospital, healing and recovering from our Vasanas or bad tendencies.

[36:28]

People who are Satwic improve and elevate upward leaving behind some of their bad Vasanas.

People who are wicked or Tamasic go downward or get wicked.

Rajasic people, though, stay at the same level.

The main purpose in one's life is to realize the Truth, become one with God.

- With these teachings, one can limit himself to Me-Myself-I and my Family, or he can widen his circle of influence.
- He can become a victim of circumstances (through his Vasanas & his world) or declare, 'I am here to make a difference'

The lives of great men all remind us that:

I can make this world sublime.

Upon departing I shall leave footprints in the sands of time.

Though I passed briefly through this way;

I made a difference in a life.