

Forms remind us of the One Reality. It helps us to focus on that One Reality.

Scriptures inspire us and lead us to that Infinite state of Reality.

[4:01] The World is comprised of the ‘Field’:

- 5-Sense Organs
- Mind
- Intellect
- Unmanifested Vasanas

Everything that you perceive is the World (Shāgtra), the Field.

The Infinite Reality is the ‘Knower’ (Shag-tra-nia).

The Twenty Values			
Humility Straight Forwardness Unpretentiousness Respect for the Guru			

We need to Practice these values. Once practiced, all that is needed is the teacher’s knowledge.

[5;57] 3 - States of Consciousness + the Substratum:

1. Awake
2. Dream State
3. Deep Sleep State (dreamless state)
4. Turiya (Turiya is not a state, but rather the background on which dream and wake arises and disappears)

The Turia State is:

- Brahman
- Atman
- Father in Heaven, or the
- Total Reality of the Whole Universe.

Brahman is the beginning less, the highest state which is neither Manifest nor Unmanifest . . . but beyond all reality.

Verse 14: With hands and feet everywhere with eyes, head and mouths everywhere, with ears everywhere, He exists in the world, enveloping all

[18:13] **Ten Fingers:** Represents the 5-sense Organs and the 5-Organs of Action. These 10-Sense Organs/ 10-Organs of Action can only reach to the edge of the Universe.

(Pura-suk-thum) says the Supreme Lord has 1000-Heads, 1000-Eyes, and 1000-Feet.

And enveloping this whole Universe, ‘He’ extends 10-Fingers beyond.

{1000 in ancient times was an Infinite.simal number. Today, an infinitesimal number is One-Billion, or One Trillion}. Also {100X10: 100 is symbolic of ‘many’}

The 5-Sense Organs are the Eyes, Ears, Nose, Tongue, and Skin.

The 5- Organs of Action are the Feet, Hands, Speech, Rectum and Genitalia.

One cannot See Him, Hear Him, Taste Him, or Touch Him with the Sense Organs.

You cannot Describe Him, Hold Him or Walk up to Him.

Therefore He is 10-Fingers beyond. But the Consciousness can Reach Him.

[11:49] Whatever is happening in this Universe is because of this One Reality:

1. I am Seeing because of 'That'
2. I am Hearing because of 'That'

Whatever I am able to do I owe it to that One Consciousness.

[13:01] Knowledge differs based upon the audience. The knowledge and language appears different depending on the audience, the era that it was imparted and the conditions of the country.

[15:33] The Consciousness cannot express itself in a rock because the rock has no Mind & Intellect. Plants and Animals have some limited understanding and the Consciousness can express itself thru Plants & Animals.

[21:32] wherever Dharma (the Good People) are suffering and Evil is becoming powerful, God or the incarnation of God reappears on Earth to re-establish the dharma and the Truth. Vishnu is Responsible for this. (Vishnu: Sustains, Maintains)

Brahman – Creator

Vishnu – Sustainer

Shiva – Takes you to the next World

[23:01] The One Consciousness appears as the:

1. **Creator**
2. **Sustainer**
3. **Destroyer:** [Father Time: In time all things shall age, collapse and die, including Earth.]

These 3-aspects (Creator, Sustainer and Destroyer) make up the continuous Cycle of Life. But the One Conscious is not limited to Creator, Sustainer and Destroyer.

Choose the form & worship the one that represents to you that One Consciousness. One should respect all other forms, religions, prophets, and all other places of worship because they all take someone to that One Truth.

[24:30] The purpose of Human Birth is to Realize God.